



## Connect STEM to your everyday life!

Complete four Daily Dose of STEM activities in a row on your BINGO card and post a picture of the marked card and/or a video of the Daily Dose in action on Instagram, Facebook, or Twitter.

Tag @sdstemecosystem in your post for a chance to win a prize from one our partners from now until September 30!

Science	Technology	Engineering	Math
<p>Dance with a fan</p> <p><i>How do scarves and leaves move in front of a fan? Do they twist? Tumble? Can you move like that?</i></p>	<p>Measure your foot</p> <p><i>Use different household objects as units of measurement.</i></p>	<p>Make a flying machine</p> <p><i>Use household objects to create something that will fly.</i></p>	<p>Sort and organize your snacks</p> <p><i>Sort and categorize your snacks by color, size, shape, etc.</i></p>
<p>Play with bubbles</p> <p><i>Introduce chemistry and how mixing things together can change two things into something else!</i></p>	<p>Technology doesn't have to have a plug!</p> <p><i>Pour some dry cereal into a bowl and practice scooping it into another bowl with a spoon.</i></p>	<p>Engineer a carpet sled</p> <p><i>Test different materials to see which moves the fastest.</i></p>	<p>Shape hunt</p> <p><i>What shapes can you find in nature, in the grocery store, or at the doctor's office?</i></p>
<p>Take a moment to look at the clouds</p> <p><i>What do the clouds look like? How are they different or the same as yesterday?</i></p>	<p>Play a game of Follow The Leader</p> <p><i>Draw a line on a piece of paper and have your child trace it with a crayon or marker.</i></p>	<p>Who can build the highest tower?</p> <p><i>Plan, build, and make it better!</i></p>	<p>Count your movements</p> <p><i>Keep the beat to a song. How many times did you clap in the chorus?</i></p>
<p>Bug walk</p> <p><i>How many different kinds can you find? Where do they live? What do you think they eat?</i></p>	<p>Simple machines: bottles, jars and lids</p> <p><i>Practice screwing and unscrewing the tops and lids. Can you swap lids?</i></p>	<p>Build a fort in the living room</p> <p><i>Evaluate your resources, test your designs, make it better!</i></p>	<p>Who is the tallest?</p> <p><i>Measure your family's heights using any household object. Put them in order.</i></p>

Find more Daily Doses of STEM and other resources at [sdstemecosystem.org/early-childhood](http://sdstemecosystem.org/early-childhood)